

# CONNECTICUT INTERGROUP

Serving the Connecticut Counties of Hartford, Litchfield, Middlesex, New London, Tolland & Windham

OA Intergroup # 09054  
PO BOX 1275  
MANCHESTER CT 06045



## OA NEWSLETTER

April, 2009

### Upcoming Intergroup Meetings

3<sup>rd</sup> Monday of each month, 7:00p.m. at  
St. Mary's Church, Manchester, or as shown below

**Monday, April 20** hosted by **OA Avon Monday Night Meeting**

**7:30 PM**

West Avon Congregational Church  
280 Country Club Road, **Avon**

**Tuesday, May 19** hosted by **OA Wethersfield Tuesday Night Meeting**

**Monday, June 15** Manchester  
**Monday, July 20** Manchester  
**Monday, August 17** Manchester

**Monday, Sept. 21** hosted by **OA Middletown**

### **The Intergroup is coming to you!**

To open the lines of communication with the meetings, your Intergroup will be holding several meetings a year within regularly scheduled meetings. The first group to host this outreach is the Monday Avon group, as above. If your group would like to host a meeting, contact us through the web site or call Sue at (860) 895-8045.

## THE CONNECTICUT INTERGROUP MARATHON WAS A GREAT SUCCESS!

The Marathon Committee wishes to thank the many people who contributed their time and efforts into making this very popular marathon a rousing success. The speakers' stories were the inspiring center points of the day, as we had hoped. Special thanks go out to them as well as to Kelly, whose talent and inventiveness provided the very popular God Boxes and Serenity Beads! The donations to the raffle were very generous and well received, and the committee particularly appreciated the baskets donated by many of the meetings. Total income before expenses was \$732, which will allow Intergroup to send a representative to the World Service Conference in May. Finally, huge thank you's go to Esther, Wendy and Trish, who stepped up to the plate as Co-Chairs of the Committee. WELL DONE, LADIES!



## REACHING OUT TO ALL MEMBERS

The mission of this newsletter is to improve communications between the Intergroup and the member meetings within the area, sharing information for and about meetings. Feedback is always appreciated (the good and the constructive!). We will make every effort to include all OA-related information that is sent to us such as special events, anniversaries, retreats, etc. Stories from members of their individual experiences, strength and hope are encouraged—without contributions from members, this may become a very dull missive! Please E mail your documents to Sue at: [suhg@att.net](mailto:suhg@att.net). We ask that you keep your contributions to OA-related topics.

### Intergroup Officers for 2009

Chairperson	Wendy B.
Vice Chair	Anne B.
Treasurer	Esther B.
Recording Secretary	Sue H.
Corresponding Secretary	Kelly P.

Phone#: 860-218-8550 Website: <http://www.connecticutoa.org>

### OA World Service Office:

PO Box 44020  
Rio Rancho, New Mexico 87124-4020 USA  
Telephone: (505) 891-2664 Fax: (505) 891-4320  
E-mail: [info@oa.org](mailto:info@oa.org) Web Site: [www.oa.org](http://www.oa.org)

Any other anonymous group is welcome to reprint this newsletter without permission.

**UPCOMING EVENTS**

(See [www.connecticutoa.org](http://www.connecticutoa.org) for details)

\*\*\*\*\*

April 18 **OA Region 6 Assembly**  
Best Western Sovereign Hotel, Albany, NY

\*\*\*\*\*

May 4 thru 9 **World Service Business Conference**  
Albuquerque, New Mexico

\*\*\*\*\*

May 16, 2009 **SouthWest CT OA Intergroup**  
**Spring Outreach Event in Westport**  
See flyer attached

~~~~~

May 19, 2009 **OA Enfield Meeting Anniversary**  
6:45 – 8 PM

~~~~~

May 29 to 31, 2009 **Western Mass. Intergroup**  
**33<sup>rd</sup> Annual Retreat**

Genesis Spiritual Life Center, Westfield, MA  
Contact Anne B. (860) 285-0890 [windwomen@aol.com](mailto:windwomen@aol.com) or  
John C. (413) 562-8912 [johncasey@comcast.net](mailto:johncasey@comcast.net)  
\*\*\*\*\*

June 19-21 **Tranquility Weekend Retreat**  
**Incarnation Center, Ivoryton, CT**  
Sponsored by Southeastern CT Intergroup (flyer attached)

**A NEW WAY TO CARRY THE**  
**OA MESSAGE**

You can help to spread OA's message of recovery through your local cable TV station. Yes, YOU! The intergroup has purchased a few copies of OA's award-winning DCD of a PSA (Public Service Announcement) that can be given to local cable TV stations to air regularly for no cost. Script and instructions are included. Each town in Connecticut has its own cable TV station and is more than willing to air material that serves the public good. The only requirement is that each station must receive the request from a resident of that town. If you are willing to make a phone call and then a short trip to the station in your town, the intergroup will be happy to give you a copy of that DVD. Call Michael for full details, including station locations: (860) 731-0779.

\*\*\*\*\*

**OA MEETING LIST**

**A meeting list is always available to down-load at the Intergroup website: [www.connecticutoa.org](http://www.connecticutoa.org). Please use the website to report any changes such as contact person names and phone numbers.**

For a list of Connecticut meetings outside this Intergroup area, go to: [www.swcto.org](http://www.swcto.org)

**OPPORTUNITIES FOR STEP 12 SERVICE**

1. The Chair of the P.I. committee, Michael, has a program in place for spreading the OA message to and through physicians throughout Connecticut. There is a small packet of information that educates a physician about OA and how a patient can be referred, as well as literature that can be placed in a physician's office. Michael is asking OA members to help him spread the word. His committee meets every third Monday one-hour prior to the Intergroup Meeting, at the same location. If you are interested, show up at that meeting or call him at:860-731-0779.
2. Call someone you haven't seen at your meeting lately.
3. See "A new way to carry the OA message" here.
4. Print out the "Is Food A Problem?" flyer attached to this E mail and tack it up in a local food store, library, Laundromat or wherever!

\*\*\*\*\*  
If you know someone who might like to receive this newsletter via e mail, please send their Email address to Sue at [suhg@att.net](mailto:suhg@att.net). It can also be downloaded at: [www.connecticutoa.org](http://www.connecticutoa.org)

\*\*\*\*\*

**MEETING CHANGES:**

**South Glastonbury**, Sunday nights at Congregational Church: during church renovations, meetings will be held at the church school, next door.

**East Hartford**, Thursday nights: is moving from Faith Lutheran Church to East Hartford Health & Rehab on Applegate Lane (off Silver Lane, across from Aldi's -- go to the second nursing home there, use the back door).

**OA LITERATURE, BARGAIN PRICES!**

Starting with the April meeting at the OA Avon meeting, the Intergroup will be offering OA literature for purchase at the list price with NO shipping fee. Anyone attending an Intergroup meeting as a representative or a visitor may purchase literature for their group, either bulk or single orders. To confirm supplies, you may call Michael at (860) 731-0779.

**MEETINGS THAT NEED SUPPORT**

Tuesdays, Terryville  
Thursdays, East Hartford