

CONNECTICUT INTERGROUP

Serving the Connecticut Counties of Hartford, Litchfield, Middlesex, New London, Tolland & Windham

OA Intergroup # 09054

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MANCHESTER CT 06045

Phone#: 860-218-8550 Website: <http://www.connecticutoa.org>



OA NEWSLETTER



Any other anonymous group is welcome to reprint this newsletter without permission.

October, 2009

Upcoming Intergroup Meetings

3rd Monday of each month, 7:00p.m. at
St. Mary's Church, Manchester, or as shown below

Wednesday, Oct. 28	6:00 PM
hosted by: OA Southington Meeting	
St Paul Episcopal Church	
Queen Street, Southington, CT	

Monday, November 16 **Manchester***

Monday, December 21 Manchester*

The Intergroup is coming to you!

To open the lines of communication, your Intergroup will be holding several meetings a year within regularly scheduled OA meetings. The third group to host this outreach is the Wednesday Southington Group, as above. If your group would like to host a meeting, call Sue at (860) 895-8045.

* See Directions elsewhere in this newsletter

HEARTLINE

Members sharing their experience, strength and hope.

Make this YOUR newsletter! With every issue from now on we would like to include items written by our members on a given OA topic of the month. For the November newsletter, please submit your thoughts (from one sentence up to 400 words) on the following topic:

“WHAT OA MEETINGS MEAN TO ME”

We'll include as many as we can - this isn't a competition! So don't feel what you would like to say must be perfect or meet some sort of high literary standards. Write from the heart, and it will be perfect. Send your piece to Sue at: suhg@att.net, giving your first name and home meeting. Be sure to indicate if you do NOT want that information included in the newsletter. (Thanks to Diane of the Saturday West Hartford Meeting for this idea!)

The Intergroup is on the move again! The Southington Wednesday Night Meeting will be hosting the Intergroup for the October meeting, as noted in the box above – thank-you Southington! Directions are on page 3 of this newsletter. Because the regular meeting starts at 5:30 PM and most of the Intergroup members will be coming from East of the river, there will be a short regular meeting starting at 5:30, and the Intergroup portion will start at 6:00. Please try to be there by 5:30, but if you cannot, please be respectful of the meeting in progress as you arrive. Thank you!

NEW MEETING NEEDS YOUR SUPPORT: A new meeting has started at the Collinsville Congregational Church, 7 South Street, Collinsville. The meetings are held every Thursday, 7 to 8 PM. Contact Robin for directions at 860-693-1969. The format is a discussion group using the OA booklet “Abstinence.”

Intergroup Officers for 2009

Chairperson	Wendy B.
Vice Chair	Anne B.
Treasurer	Esther B.
Recording Secretary	Sue H.
Corresponding Secretary	

OA World Service Office:

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For a list of Connecticut meetings outside this Intergroup: www.wectoa.org

THE INTERGROUP NEEDS YOU

The Intergroup recently accepted the resignations of two member who had made important contributions to the work of the group: Michael, Head of the Public Information Committee and Kelly our Corresponding Secretary both had to resign their posts mid-term. So we are looking for new people to fill those shoes. If you are interested, please attend the next Intergroup Meeting, as listed on the front page and let us know you are interested. We look forward to meeting you! If you'd just like to come to find out more, with no commitment, you are welcome, too!

Duties of the P.I. Committee Chair:

1. Develop and follow through with methods for getting the word about OA out to the general public and health professionals (there are many ideas from World Service that can be adapted to CT). This includes posters, flyers, brochures, CD's from World Service, etc.
2. Put together and head a committee dedicated to that purpose

Duties of the Corresponding Secretary:

1. Picks up mail from the OA Post Office Box (in Manchester) & brings it to Intergroup meetings.
2. Replies to correspondence as Intergroup may request; writes thank-you notes for donations.

OA MEETING LIST

A meeting list is always available for downloading at the Intergroup website:

www.connecticutoa.org.

If you have any changes including the names and phone numbers of contact persons, please use the website to report them to us.



HAPPY 50TH BIRTHDAY TO OA!

A reminder that in 2010 OA World Service will be celebrating our 50th anniversary and is asking for stories and photos from the "oldtimers." They will be featured in the World Service newsletter during 2010. Check out the First quarter, 2009 World Service newsletter for more details at www.oa.org. Your stories, can be sent by email to kbougere@OA.org

OPPORTUNITIES FOR 12TH STEP SERVICE

1. **Print copies of this newsletter to take to your OA meetings.**
2. **Print copies of the "Is Food A Problem?" flyer in the attachment to this newsletter and pin them up in your local food stores, libraries, wherever.**
3. **Call someone you haven't seen at a meeting lately and let them know they are missed.**

COOL STUFF ON OUR WEB SITE

Check us out at www.connecticutoa.org Once at the Web site, click on "Meeting List," and hook up via link directly to on-line meetings or speakers or information on phone meetings. It couldn't be easier!!! There's also information there on a **phone meeting for Teens** on Sundays at 6 PM.

Kudos and thanks to our Webmaster Tina Lee for the great job she is doing!

SPACE AVAILABLE, LOOKING FOR YOUR INPUT

If you would like to submit an article on any OA related topic for inclusion in a future newsletter, please e-mail your article to Sue at: suhg@att.net.

If you know someone who like to receive this newsletter via e mail, please email a request to Sue at suhg@att.net. The newsletter can also be downloaded at: www.connecticutoa.org

UPCOMING EVENTS

Thanksgiving Day OA Meeting 11-26-09
9 AM to 11 AM Grace Lutheran Church
100 Chapel Street, Stratford, CT
See Page 3 for Directions

DIRECTIONS

CONNECTICUT INTERGROUP MEETINGS

(Third Monday of each month at 7:00 PM
@ St Mary's Church, Manchester, CT)

From Route 91 connect to Route 84 using Route 291,
then connect to Route 384

OR

From Route 84, connect to Route 384

THEN....

FROM ROUTE 384:

On route 384, take Exit 3.

At end of ramp, go right onto Main Street

At the 6th traffic light after the ramp, go Left onto Park
Street

At end of the block, see St Mary's Church on the corner
of Park and Church Streets, on your right

Go Right onto Church Street

The church is still on your right, and you now see an
annex attached to the back of the church. That is where
the meeting is held.

You cannot park on the right side of the street, so park
on the other side or on the next side street(Locust
Street).

Enter the building using the ramp at the entrance closest
to the main church building (just off the driveway)

Once inside, make an immediate left into the room!

SOUTHINGTON WEDNESDAY NIGHT MEETING

(Hosting the Intergroup Meeting on 10-28-09)

- Route 84 West to Exit 32, "Queen Street"
- At end of ramp, go right onto Route 10/Queen St
- Stay on this road to the center of town (this is
Southington)
- You will see a town green and a white
Congregational Church on the left. Keep going
- One block past the end of the green, at the next
light, see St Paul Episcopal Church on the left
(brownstone). If you pass the Rite Aid, you have
gone too far.
- Just **before** the church, turn left into the driveway
and park.
- Walk toward the church, see a wrought iron fence
around the church and a gate. Go through the
gate and down the steps to the red door.
- Go through that door and then go straight to the
room where the meeting is held.

THANKSGIVING DAY MEETING, STRATFORD

Directions: From New Haven, South on Rte 15 to Exit
53. Take Left onto Main
Street, Rte 110. Bear Right at Main Street Putney. Third
right is Chapel Street.

Church is on right. Use rear door.

Directions: From Bridgeport, North on Rte 15 to Exit 53.
Right onto Rte. 110. Bear
right at Main Street Putney. Chapel is third right. Church
is on right. Use rear door.
