

# CONNECTICUT INTERGROUP

Serving the Connecticut Counties of Hartford, Litchfield, Middlesex, New London, Tolland & Windham

OA Intergroup # 09054

PO BOX 1275

MANCHESTER CT 06045

Phone#: 860-218-8550 Website: <http://www.connecticutoa.org>



## OA NEWSLETTER

February, 2009

### Upcoming Intergroup Meetings

3<sup>rd</sup> Monday of each month, 7:00p.m. at

St. Mary's Church, Manchester, or as shown below

Monday, February 16 **Manchester**

Monday, March 16 **Manchester**

Monday, April 20 hosted by **OA Avon Meeting**  
West Avon Congregational Church  
280 Country Club Road, **Avon**

### **The Intergroup is coming to you!**

To open the lines of communication with the meetings, your Intergroup will be holding several meetings a year within regularly scheduled meetings. The first group to host this outreach is the Monday Avon group, as above. If your group would like to host a meeting, contact us through the web site or call Sue at (860) 895-8045.

### INTRODUCTORY ISSUE

### REACHING OUT TO ALL MEMBERS

Connecticut Intergroup #9054 is pleased to publish the first of what we hope will become a regular means of communication between the intergroup and member meetings, sharing information for and about the meetings. We will appreciate your feedback and welcome any OA-related news you may want to see included. Feel free to print this for distribution at meetings.

Any other anonymous group is welcome to reprint this newsletter without permission.

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### CONNECTICUT INTERGROUP MARATHON

March 14, 2009

8:30 AM to 3 PM

South United Methodist Church

1226 Main Street

Manchester, CT

This year's Marathon theme is "Together We Can!" and we are really excited about our speaker list! There will be a "Clothing Boutique" featuring ONLY gently-used clothing brought in by YOU that day as a donation (please make sure all donations are clean and in very good condition). Some items to be sold for \$1, with proceeds going to support the work of your Intergroup. There will also be a raffle of donated items. You may bring your own lunch or pre-order through the committee at registration. Volunteers are greatly needed to make this day possible.

There will also be the ever-popular raffle again this year. If your meeting would be interested in donating a basket of "goodies" to the raffle, a "gently used" item of clothing, or to volunteer your services to the marathon, please call one of the Marathon Co-Chairs: Esther at (860) 305-0952, Wendy at 646-7844 or Trish at 644-9626. Help is still needed with the raffle, refreshments,\* clothing boutique or cleanup.

\*In the interests of "Going Green," please bring your own mug for your refreshments.

### **Intergroup Officers for 2009**

Chairperson	Wendy B.
Vice Chair	Anne B.
Treasurer	Esther B.
Recording Secretary	Sue H.
Corresponding Secretary	Kelly P.

### **OA World Service Office:**

PO Box 44020  
Rio Rancho, New Mexico 87124-4020 USA  
Telephone: (505) 891-2664 Fax: (505) 891-4320  
E-mail: [info@oa.org](mailto:info@oa.org) Web Site: [www.oa.org](http://www.oa.org)

# **RAFFLE & CLOTHING DONATIONS NEEDED**

Please plan to bring to the Marathon one or two items suitable for the raffle or the clothing boutique. We are planning a more “upscale” clothing corner this year and request that you only bring in items that have been “gently used,” are clean, in good repair and on hangars. Likewise for the raffle we need items that are new or nearly new. This year we are asking for “quality, not quantity,” and we will appreciate your assistance. As you know, all proceeds go to support your Intergroup’s activities, which includes sending a representative to the World Service Business Conference.

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## **OA MEETING LIST**

**A meeting list is always available for downloading at the Intergroup website:  
[www.connecticutoa.org](http://www.connecticutoa.org).**

**The Intergroup is working on updating that list now. If you have any changes including the names and phone numbers of contact persons, please use the website to report them to us.**



## **ARE YOU LOOKING FORWARD TO THE MARATHON?**

The Intergroup needs YOU to help make the Marathon a success. There’s much you can do, and a lot of it can be done in your home or your home town without ever attending a meeting! Please call one of the co-chairs mentioned on Page1 to talk about how you can contribute your time and talents.

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## **OPPORTUNITIES FOR STEP 12 SERVICE**

1. The Chair of the P.I. committee, Michael, has a program in place for spreading the OA message to and through physicians throughout Connecticut. There is a small packet of information that educates a physician about OA and how a patient can be referred, as well as literature that can be placed in a physician’s office. All of this is available to any OA member interested in helping to spread the word. Michael holds his committee meeting every third Monday one-hour prior to the Intergroup Meeting, at the same location. If you are interested, just show up at that meeting or call him at: (860) 731-0779.
2. Volunteer to be a member of a traveling meeting that will hold meetings at the homes of shut-ins in the Intergroup area.
3. Volunteer for the Marathon!

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If you know of someone who would appreciate receiving this newsletter via E mail, tell them to sign up at our Web Site and give us their E mail address & meeting affiliation: [www.connecticutoa.org](http://www.connecticutoa.org)

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For a list of Connecticut meetings outside this intergroup area go to: [www.swctoa.org](http://www.swctoa.org)

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<b>UPCOMING EVENTS</b>	
February 28, 2009	OA Unity Day
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April 17-19, 2009	“A Sea of Hope” 90 Day Summit
Hampton Inn & Suites, 1009 E. Bay Drive, Largo, Florida	
\$275 per person	
*****	
April 18	OA Region 6 Assembly
Best Western Sovereign Hotel, Albany, NY	
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May 4 thru 9	World Service Business Conference
Albuquerque, New Mexico	
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May 29 to 31, 2009	Western Mass. Intergroup
33 <sup>rd</sup> Annual Retreat	
Theme: “A Guided Journey thru the 12 Steps of OA	
Genesis Spiritual Life Center, Westfield, MA	
\$165 includes lodging & 5 meals	
\$50 deposit due by 3-13-09, non-refundable	
Contact Anne B. (860) 285-0890 <a href="mailto:windwomen@aol.com">windwomen@aol.com</a> or	
John C. (413) 562-8912 <a href="mailto:johncasey@comcast.net">johncasey@comcast.net</a>	
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## **MEETINGS THAT NEED SUPPORT**

Tuesdays, Terryville  
Thursdays, East Hartford